



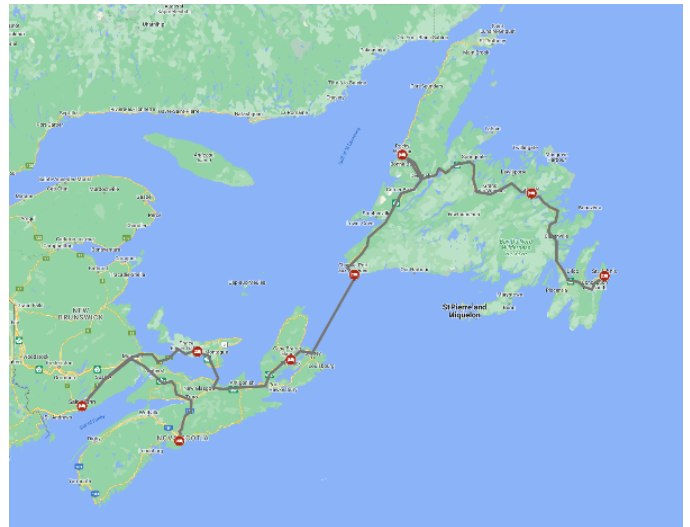
Taste of the Atlantic

Sep 01, 2026 to Sep 16, 2026

From the rugged shores of Newfoundland to the red-sand beaches of Prince Edward Island, from the dramatic cliffs of the Cabot Trail to the world's highest tides at the Bay of Fundy — this is Atlantic Canada at its finest. Over 16 unforgettable days, you'll explore four provinces, each brimming with history, culture, and natural beauty.

Travel with ease aboard comfortable motorcoach travel and scenic ferries, enjoying local guides, immersive tours, and authentic experiences that bring the East Coast to life. From whale watching in Newfoundland's ice cold Atlantic waters to standing at North America's most easterly point, every day is an opportunity for discovery.

Along the way, savour regional flavours — fresh seafood, island oysters, and traditional Newfoundland Screech — and take time to soak in the warm hospitality that makes the Maritimes so memorable. This isn't just a tour; it's a journey through the heart and soul of Canada's Atlantic provinces, where every stop tells a story and every view takes your breath away.



16 DAY tour

Activity Level: Active

PRICING

Includes all applicable taxes

Single Occupancy: \$7,895/person

Double Occupancy: \$5,930/person

Deposit required: \$500/person

Sales cut off / final payment due: Jun 01, 2026

Flight deposits may differ from tour deposits

ACCOMMODATIONS

Night 1: Jag Hotel

Night 2: Jag Hotel

Night 3: Clarendville Inn

Night 4: Clarendville Inn

Night 5: Sinbads Hotel and Suites

Night 6: Shallow Bay Motel and cabins

Night 7: The Glynmill Inn

Night 8: Lynwood Inn

Night 9: Lynwood Inn

Night 10: Rodd Charlottetown

Night 11: Rodd Charlottetown

Night 12: Rodd Moncton

Night 13: Rodd Moncton

Night 14: Atlantica Hotel

Night 15: Atlantica Hotel

Day 1 – Tue Sep 01 *Flight to St John's, NL – Welcome to the Rock*

Meals Included: None

Our Atlantic adventure begins with flights from Edmonton or Calgary, accompanied by your Pro Tours Manager/Tour Director (for Edmonton departures). Touch down in vibrant St. John's, Newfoundland, where our Coach Atlantic driver and local guide greet you with a warm East Coast welcome. We transfer to our hotel for a two-night stay, settling in for the start of a journey that will carry us from rugged coastlines to charming towns across this unforgettable province.

Overnight: Jag Hotel

Day 2 – Wed Sep 02 *St. John's, Cape Spear and Signal Hill – Where the Land Ends and Legends Begin*

Meals Included: Breakfast , Welcome Lunch

Beginning on our city tour, admire the famous “jellybean” row houses — a cheerful patchwork of painted homes that have become a beloved symbol of St. John's. Stand where North America ends and the Atlantic stretches endlessly beyond at the wild cliffs of Cape Spear, the continent's most easterly point, and explore the historic gun batteries that once protected the entrance to St. John's harbour. Continue to historic Signal Hill, where Marconi's first transatlantic wireless signal made history. Conclude the tour with a stroll along George and Water streets, soaking in the charm and energy of Newfoundland's capital.

Overnight: Jag Hotel

Day 3 – Thurs Sep 03 *St. John's, NL to Clarenville, NL – Sea to Screech*

Meals Included: Breakfast , Dinner , Screech in

This morning, set sail with Gatherall's Puffin and Whale Watching Cruise — a true Newfoundland experience. Watch whales breach the surface, as local guides share tales of the sea and songs of the island. Back on land, we continue to Clarenville, where the day ends in true Newfoundland fashion — with an included dinner and a lively Screech-In ceremony, welcoming you as an honorary Newfoundlander!

Overnight: Clarenville Inn

Day 4 – Fri Sep 04 *Bonavista and Trinity – Legends, Lighthouses & the Land of Cabot*

Meals Included: Breakfast , Boxed Lunch

Today we travel along Newfoundland's scenic coastline to the charming town of Trinity. With your Trinity Experience Pass, explore seven historic sites — from the elegant Lester-Garland House to the working Green Family Forge — and step back into the town's seafaring past.

Continuing to Bonavista, stand where John Cabot first landed in 1497. Enjoy an included boxed lunch, and discover the Ryan Premises National Historic Site, where the salt fish trade shaped centuries of life here. We finish the day at the iconic Cape Bonavista Lighthouse (1843), one of Newfoundland's most photographed spots and a prime place for whale watching, before returning to Clarenville for the evening

Overnight: Clarenville Inn

Day 5 – Sat Sep 05 *Twillingate – Sips, Stories & Seaside Views*

Meals Included: Breakfast , Lunch

Our travels take us to the vibrant outport community of Twillingate, a jewel on Newfoundland's north coast. Along the way, we visit the Beothuk Interpretive Centre for a guided tour and a stroll through the tranquil Ancient Gardens, reflecting on the culture and legacy of Newfoundland's earliest Indigenous people.

In Twillingate, enjoy lunch and a tasting at Auk Island Winery, where locally crafted berry wines capture the flavours of the island. We then journey to the dramatic Long Point Lighthouse, poised high on the cliffs above the Atlantic, offering sweeping views of rugged coastline and open sea. Before returning to Gander, indulge in a sweet stop at a local fudge shop — the perfect finish to a day rich in flavour and scenery.

Overnight: Sinbads Hotel and Suites

Day 6 – Sun Sep 06 *Gander, NL to Cow Head, NL – Whales & Wilds of Gros Morne*

Meals Included: Breakfast , Lunch

Leaving Gander behind, we travel west toward one of Canada's most spectacular landscapes — Gros Morne National Park, a UNESCO World Heritage Site. Along the way, stop at the Humpback Whale Pavilion to learn about these giants of the deep, and browse the unique creations at King's Point Pottery.

After a relaxing lunch at By The Sea Inn & Café, we arrive at the Gros Morne Visitor Centre, where dramatic mountains, ancient fjords, and rugged coastline set the stage for the adventures ahead. This evening, settle into Shallow Bay Cabins, surrounded by the untamed beauty of Newfoundland's west coast.

Overnight: Shallow Bay Motel and cabins

Day 7 - Mon Sep 07 *Gros Morne - Corner Brook, NL - Rugged Shores & Historic Inns*

Meals Included: Breakfast , Dinner

Explore more of Gros Morne National Park with visits to The Arches, a natural rock formation carved by the sea, Broom Point Fishing Premises, where traditional fishing heritage comes to life, and the Lobster Cove Head Lighthouse, a beacon guiding mariners along this rugged coast.

Arriving in Corner Brook, history meets spectacular views at the Captain James Cook Historic Site. Learn about Cook's detailed 18th-century surveys of Newfoundland's coastline and enjoy panoramic vistas over the Bay of Islands — the same waters he once charted.

Check in at the charming Historic Glynmill Inn, an enduring symbol of Corner Brook's heritage. After dinner, there may be time for a peaceful stroll around Glynmill Pond, reflecting on the natural beauty and history of Newfoundland's west coast.

Overnight: The Glynmill Inn

Day 8 - Tue Sep 08 *Corner Brook, NL to Baddeck, NS - Farewell Rock we're Sailing to the Highlands*

Meals Included: Breakfast , Dinner

This morning, we bid farewell to Newfoundland and board the Marine Atlantic Ferry at Port aux Basques. Relax and enjoy the 6 1/2 hour crossing, with comfortable lounges, onboard dining, and sweeping ocean views as the rugged coast of Newfoundland fades into the horizon. Arriving in North Sydney, Nova Scotia, a short drive brings us to the charming lakeside village of Baddeck. Known as the summer home of Alexander Graham Bell, this welcoming town offers a perfect introduction to Cape Breton's beauty and heritage.

Overnight: Lynwood Inn

Day 9 - Wed Sep 09 *Cabot Trail - Canada's Greatest Drive*

Meals Included: Breakfast , Boxed Lunch

Named one of the best road trips in the world, the legendary Cabot Trail winds through Cape Breton's most breathtaking scenery. Today's circle tour takes you along dramatic coastal cliffs, forested mountains, and quiet fishing villages, with plenty of picture-perfect stops along the way. Enjoy a scenic picnic lunch as we travel through the heart of Cape Breton Highlands National Park, home to moose, eagles, and sweeping ocean views. This is Atlantic Canada at its wild, rugged best.

Overnight: Lynwood Inn

Day 10 - Thurs Sep 10 *Baddeck, NS to PEI - Island bound - Creamery Delights*

Meals Included: Breakfast

Today we bid farewell to Cape Breton, journeying across the impressive Canso Causeway — a 1,385-metre rock-fill marvel linking the island to mainland Nova Scotia. From there, we travel to Wood Islands and board the ferry to Prince Edward Island. Relax on deck and enjoy the scenic crossing of the Northumberland Strait.

Upon arrival, PEI welcomes us with its signature red-sand beaches, rolling farmland, and postcard-perfect coastal views. Our first stop: the Milky Way, where we're treated to a warm greeting, a taste of Cow's famous chips, and a peek into the production windows at Anne Chocolates and COWS Creamery. Enjoy a scoop with your included ice cream voucher and browse with discount shopping cards in hand.

We then settle into the elegant Rodd Charlottetown, our home for the next two nights — perfectly situated in the heart of downtown.

Overnight: Rodd Chararlottetown

Day 11 - Fri Sep 11 *PEI Island Tour - Anne, Oceans & Island Traditions*

Meals Included: Breakfast , Dinner

We begin with a locally guided tour of Charlottetown, the Birthplace of Confederation, before heading to PEI's beautiful North Shore. At the Anne of Green Gables Heritage Place, step into the world that inspired Lucy Maud Montgomery's beloved stories. Continue to Cavendish Beach, where we can dip our toes in the Atlantic.

In the afternoon, enjoy an authentic PEI welcome with a lively Ceilidh (pronounced Kayley) and an oyster shucking demonstration — with the chance to taste a freshly shucked oyster. We finish the day at Fisherman's Wharf, enjoying a memorable dinner to cap off our day

Overnight: Rodd Chararlottetown

Day 12 – Sat Sep 12 *PEI to Moncton, NB – Bridging Islands, Chasing Tides*

Meals Included: Breakfast , Lunch

Although we're leaving the island, no visit would be complete without a stop at Shop & Play Gateway Village, a vibrant 30-acre retail and tourism park near the Confederation Bridge. Crossing this iconic span into New Brunswick, we pause in Shediac for a photo with the world's largest lobster, a true Maritime landmark.

At the Hopewell Rocks Ocean Tidal Exploration Site, the world's highest tides transform the landscape. Depending on the tide, we may even walk on the ocean floor. Then it's on to Magnetic Hill, a gravity-defying phenomenon where vehicles appear to roll uphill. Is it magnetic, an illusion, or just good old Maritime magic?

Our day concludes in Moncton, where our hotel overlooks the Petitcodiac River — a place where you can still witness the powerful tidal flows that shape the Bay of Fundy.

Overnight: Rodd Moncton

Day 13 – Sun Sep 13 *Funday National Park and Saint John – Where Rivers Run Backwards*

Meals Included: Breakfast

The day begins with a scenic drive through Fundy National Park, where forests meet the world's highest tides. In Saint John, witness the natural wonder of the Reversing Falls Rapids, where tidal flows from the Bay of Fundy force the river to reverse direction twice each day.

Spend time browsing the city's quaint streets, waterfront, and local shops before returning to Moncton for the evening, once again alongside the ever-changing Petitcodiac River.

Overnight: Rodd Moncton

Day 14 – Mon Sep 14 *Moncton, NB to Halifax, NS – Stories of Arrival, Moments of Reflection*

Meals Included: Breakfast

Leaving New Brunswick behind, we return to Nova Scotia, making our way to the vibrant port city of Halifax. At Pier 21, Canada's Immigration Museum, discover the powerful stories of those who arrived seeking new beginnings. You may even uncover pieces of your own family history at this deeply moving and interactive site. Next, enjoy a historical Halifax City Tour, visiting the Titanic Gravesite and hearing poignant stories of the Halifax Explosion of 1917 — moments that shaped this resilient maritime city. The afternoon offers free time along Halifax's Historic Waterfront — stroll the boardwalk, visit local shops, or simply relax by the harbour. This unhurried afternoon is the perfect chance to reflect on the past two weeks of unforgettable memories, as tomorrow brings the final chapter of our Atlantic adventure.

Overnight: Atlantica Hotel

Day 15 – Tue Sep 15 *Mahone Bay, Lunenburg & Peggy's Cove – Coastal Jewels & a Farewell to the Atlantic*

Meals Included: Breakfast , Farewell Lunch

What better way to round out this incredible journey than with three of Nova Scotia's most enchanting coastal gems?

In Mahone Bay, admire the famous three churches and visit Amos Pewter, where beautiful handcrafted pewter pieces reflect the artistry of the region. Then continue to Lunenburg, a UNESCO World Heritage Site, for a guided walking tour and time to enjoy the colourful waterfront at your own pace. Keep an eye out for the legendary Bluenose II, often docked in the harbour.

Hear tales of the sea at the Fisheries Museum of the Atlantic, then gather for a fabulous farewell lunch. Our final stop is the iconic Peggy's Cove, where free time lets you wander the charming fishing village, photograph the world-famous lighthouse, and soak in the rugged beauty of the Atlantic coast one last time.

Overnight: Atlantica Hotel

Day 16 – Wed Sep 16 *Halifax to Home – With East Coast Reflections*

Meals Included:

We transfer to Halifax Stanfield International Airport for flights home.

As we part ways, we carry with us two unforgettable weeks of memories — from Newfoundland's rugged shores and whale-filled waters to the Cabot Trail's breathtaking vistas, the charm of Prince Edward Island, the marvel of the Bay of Fundy tides, and the colourful waterfronts of Nova Scotia's coastal gems.

This Atlantic adventure has been a journey through history, culture, and natural beauty — and a celebration of the people, places, and moments that make Canada's East Coast truly unforgettable.

WHAT'S INCLUDED

- Transportation on an air-conditioned, washroom-equipped motorcoach provided by Coach Atlantic with a professional driver
- Experienced Tour Director from Pro Tours from Edmonton
- Local Tour Guides in NFLD
- Local Maritime Guide
- PEI Island Guide
- Transfer from airport at group flight arrival and departure times
- 24 Meals Included: 15 Breakfast, 7 Lunches, 4 Dinners
- 15 nights accommodations
- 2 nights St John's, - Jag Hotel on George St.
- 2 nights Clarenville, NL - Clarenville Inn
- 1 night Gander, NL - Sinbads Hotel and Suites
- 1 night Cow Head, NL - Shallow Bay Motel and Cabins
- 1 night Corner Brook, NL - The Glynmill Inn
- 2 nights Baddeck, NS - Lynwood Inn
- 2 nights PEI, Rodd Charlottetown
- 2 nights Moncton, NB - Rodd Moncton
- 2 nights Halifax, NS - Atlantica Hotel
- Baggage handling at all hotels
- St. John's City tour
- Cape Spear – most easterly spot in North America
- Signal Hill
- Welcome lunch
- Free time on George and water street
- Whale Watching Cruise (weather permitting)
- Newfoundland Screech in and Dinner
- Bonavista and Trinity including boxed lunch
- Ryan Premises
- Joey's lookoff
- Beothuk Interpretive Center
- Twillingate day tour
- Auk Island Winery and lunch
- Long Point Lighthouse
- King's Point Whale pavilion
- King's Point Pottery
- Lunch at By the Sea Inn and Cafe
- Gros Morne Visitor Center
- Sightseeing in Gros Morne National Park
- Lobster Cove Lighthouse
- The Arches
- Broome Point
- Captain James Cook's Look-off
- Dinner at Glynmill Inn
- Port aux Basques, NL Ferry to Sydney, NS
- Lunch & day tour on the Cabot Trail
- Baddeck Gatherings Kitchen party
- Dinner at The Lynwood Inn
- Canso Causeway
- Wood Island-Pictou Ferry crossing
- Anne of Green Gables Heritage Place
- PEI Ceilidh Kitchen Party
- Lobster dinner in PEI
- Confederation Bridge to Prince Edward Island
- Shediac (World's largest lobster)
- Hopewell Rocks
- Magnetic Hill
- Fundy Parkway Drive
- Reversing Falls Skywalk
- Pier 21 (Canada's Immigration Museum)
- Halifax Boardwalk
- Halifax City tour
- Mahone Bay
- Lunenburg - Walking Tour
- Fisheries Museum with live stories
- Farewell lunch at the Old Fish Factory
- Peggy's Cove
- Entrance fees to all National historic sites and Park fees
- All included meals have gratuities prepaid

NOT INCLUDED

- Meals not specified
 - Gratuity for your Tour Director
 - Gratuity for your Coach Driver
 - Gratuity for local Step-on Guides
 - Airport transfers that do not align with the group flight arrivals and departures
 - Transportation at home cities airports
- Round trip flights to and from St. John's NL - Flight costs available 9-10 months prior to tour
- Pre Tour Room St. John's and or Post tour rooms in Halifax if you choose to fly in early or stay longer

Book This Tour!

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Call or Text: 780-460-4408
Email: hello@protours.ca

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